

Compassion Fatigue:

An Appreciative Approach to Building Compassion Satisfaction

Fall 2020

The purpose of this seminar course is to explore Compassion Fatigue including definitions, multidimensional risk factors and interventions currently discussed in the literature. We will take a strengths based approach to developing practices to build Compassion Satisfaction in response to personal, professional, and organizational risk factors.

The 4D Appreciative Inquiry process of Discover, Dream, Design, Deliver will serve as a lens for this course.

Register at <https://tinyurl.com/compassionseries>



COURSE INSTRUCTOR

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COURSE MODULES

WEEK 1

Compassion Fatigue: What is it? What Does It Look Like? Why Does It Matter?

Live webinar

Thursday September 10, 4-5:30

WEEK 2

Compassion Fatigue: Risk Factors: Personal, Organizational, Societal

Live webinar

Thursday September 17, 4-5:30

WEEK 3

Building Compassion Satisfaction: Honoring Self through Awareness & Connection

Live webinar

Thursday September 24, 4-5:30

WEEK 4

Building Compassion Satisfaction: Honoring the Work through Meaning and Purpose

Live webinar

Thursday October 1, 4-5:30

WEEK 5

Building Compassion Satisfaction: Honoring Others by Building Appreciative and Compassionate Communities

Live webinar

Thursday October 8, 4-5:30