

TRENDS IN GERONTOLOGY 2021 SERIES

Come spend **five Tuesday evenings online** with VCU gerontologists, providers, and researchers as we explore some of the **latest trends in gerontology**.

Community members, students, and professionals are invited to learn and grow together.

All sessions are offered online and free of charge to community members and professionals.



February 9, 6PM

Intersectionality, Inclusivity & Aging

February 23, 6PM

Empowering the Direct Care Workforce

March 16, 6PM

Longevity: New Opportunities, Creative Contributions

March 30, 6PM

Cognition, Resilience, & Thriving: Profiles in Family Care

April 13, 6PM

Elder Endangerment & Financial Exploitation

**FEB 9, FEB 23, MARCH 16, MARCH 30, APRIL 13, 2021
6:00 - 7:00 PM**

REGISTER ONLINE AT
<https://tinyurl.com/trendsingerontology2021>

Tuesday, February 9, 6PM

Intersectionality, Inclusivity & Aging

Diversity in aging is a foundational principle in gerontology. As we age, we become more different and more distilled into our unique, incredibly complex selves. As we consider life at the intersection of age, gender, sexual orientation, and race, the critical call to action is for organizations and systems to celebrate intersectionality by focusing on inclusivity.

Tuesday, February 23, 6PM

Empowering the Direct Care Workforce

COVID-19 has exacerbated the long-term care sector's shortage of personal care aides, home health aides, and certified nursing assistants. Long before the pandemic stressed the system, advocates and workers called for greater support, recognition, and respect for the primarily female workforce that provides the majority of hands-on care to older adults and people with disabilities.

Tuesday, March 16, 6PM

Longevity: New Opportunities, Creative Contributions

Encore career...following your nose...pursuing a childhood dream...making a bucket list... opportunities to pursue second and third careers, meaningful volunteer work, and lifelong learning offer each of us many chances to define and redefine purpose, meaning, and fulfillment throughout our lives.

Tuesday, March 30, 6PM

Cognition, Resilience, & Thriving: Profiles in Family Care

No doubt, you've heard of caregiver burden and caregiver stress. There is another essential lens that too often gets neglected in discussions about caring for one another: thriving. When we recognize that care is a mutual and continual part of the human experience, new possibilities open up. In this segment, panelists with professional and lived experience will take a deep dive into topics seldom explored alongside caregiving: thriving, resilience, and day-to-day strategies for working with our adaptable, malleable brains. Who knows? After this panel, we may just all agree to retire the term caregiver!

Tuesday, April 13, 6PM

Elder Endangerment & Financial Exploitation

Mistreatment of older adults occurs in forms shocking and subtle. Abuse, neglect, and financial exploitation threaten life expectancy and longevity. In Virginia, a pioneering safety net of gerontologists and advocates is dedicated to protecting elder rights and preventing elder abuse. Join us for a critical discussion on guardianship, elder advocacy, and creating safe communities.

LEAD PANELISTS



Ayn Welleford, MS, PhD, AGHEF
VCU Department of Gerontology
Longevity Project for a Greater Richmond



Gigi Amateau, MS
Longevity Project for a Greater Richmond
VCU Department of Gerontology



Jay White, EdD, MSG
Longevity Project for a Greater Richmond
VCU Department of Gerontology