

#### **Handout 4: Ways Your Facility Can Promote Good Mental Health**

Use this page to list things that your particular facility can do to promote good mental health for your staff, residents, families, or attendees. Be creative! Think about some of the barriers to your ideas and suggest ways around those barriers.

1. Thing my organization can do to promote good mental health for residents, attendees, families, and/or staff.

2. What are barriers to these suggestions?

3. Suggest ways you could reduce those barriers.