

Culturally Competent Care for Diverse Populations in an Adult Day Setting

Part II: LGBT Individuals

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Series Overview:

An overall increase in understanding and application of person-centered care theories and practices with diverse populations

Part II Objectives

- An increased understanding of sexual orientation, gender identity and older adults
- An increased understanding of LGBT issues unique to an Adult Day setting
- An introduction to facts and statistics unique to the LGBT population
- Best practices for person-centered interventions with LGBT individuals in and Adult Day setting
- A particular focus on the differentiation between sexual orientation and gender identity

Why Adult Day Support?

Nearly 5,000 adult day support centers nationwide

Supervised care, plus physical and social activities

Ability to return home

Respite for caregivers

Lower cost than other long-term care options

PERSON-CENTERED CARE:

A REVIEW FROM PART 1

Person-Centered, Culturally Competent Care

An approach to care that respects and values the uniqueness of each participant. Care that seeks to maintain, even restore, the personhood of individuals. One size does not fit ALL!

Personal Worth and Uniqueness

Respect

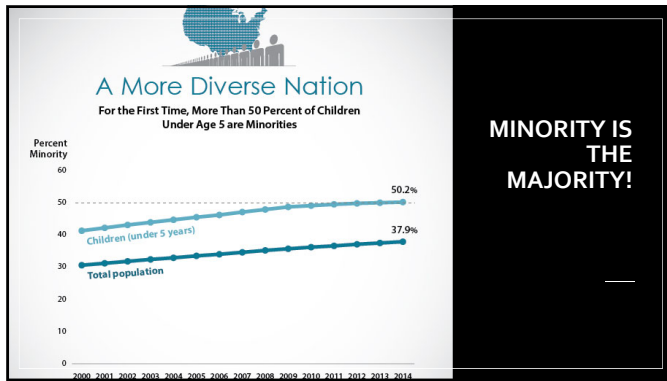
Independence

Hope

Social Confidence

Truthfulness

Engagement



Why do we engage in Person-Centered, Culturally Competent Care?

01 It's the right thing to do.	02 Employees report increased job satisfaction	03 Less staff turnover in agencies that participate in person-centered programming	04 Decreased client turnover	05 Family Caregivers report increased satisfaction and piece of mind	06 Word of Mouth (clients, donors)	07 And It's the right thing to do
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Questions from Module 1



WHY LGBT?

8,000,000

By 2030, between 3.6 and 7.2 million LGBT Americans

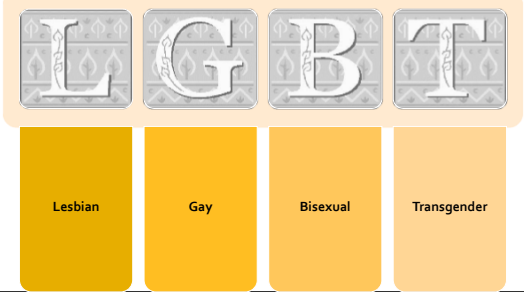
45,000 Lesbian and Gay Households in Virginia by 2030

Richmond ranks #26 nationwide in the number of Lesbian and Gay identified households

WHY LGBT?

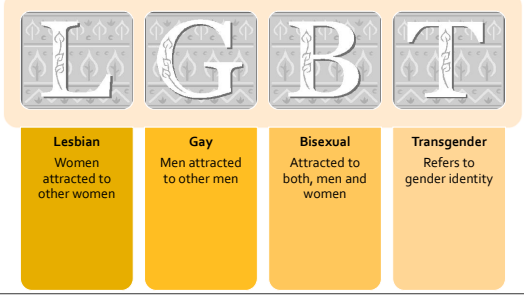
VIRGINIA IS FOR LOVERS

WHAT ARE WE TALKING ABOUT?



Lesbian Gay Bisexual Transgender

WHAT ARE WE TALKING ABOUT?



Lesbian
 Women attracted to other women

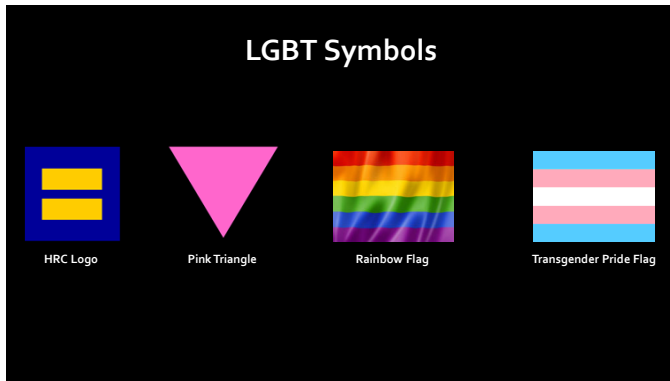
Gay
 Men attracted to other men

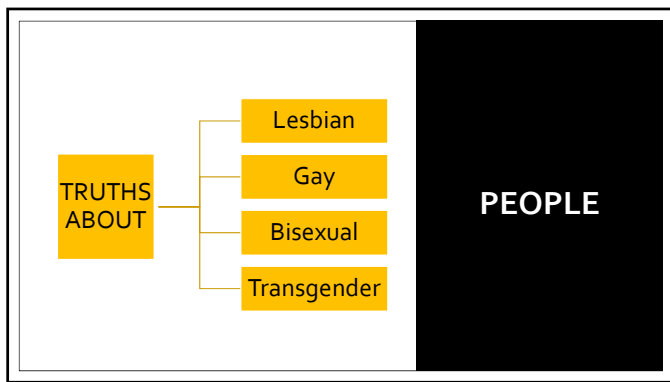
Bisexual
 Attracted to both, men and women

Transgender
 Refers to gender identity

Sexual Orientation/Gender Identity

GENDER IDENTITY IS NOT THE SAME AS SEXUAL ORIENTATION	Everyone has both a gender identity and also a sexual orientation Your gender identity is your personal view of your own gender. Your sexual orientation is your personal view of who you are attracted to. Transgender people can be straight, gay, lesbian or bisexual – just the same as everyone else!
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Identifying as LGBT is a lifestyle of choice; people can change if they want to change

☐ TRUE ☐ FALSE

Identifying as LGBT is a lifestyle of choice; people can change if they want to change

☐ TRUE ☒ FALSE

LGBT Older adults have an increased risk
of untreated serious illnesses

☐

TRUE

☐

FALSE

LGBT Older adults have an increased risk
of untreated serious illnesses

☒

TRUE

☐

FALSE

Gay, lesbian, bisexual and transgender
individuals are protected from workplace
discrimination in the united states

☐

TRUE

☐

FALSE

Gay, lesbian, bisexual and transgender individuals are protected from workplace discrimination in the united states

☐

TRUE

☒

FALSE

HIV is increasing in the older population

☐

TRUE

☐

FALSE

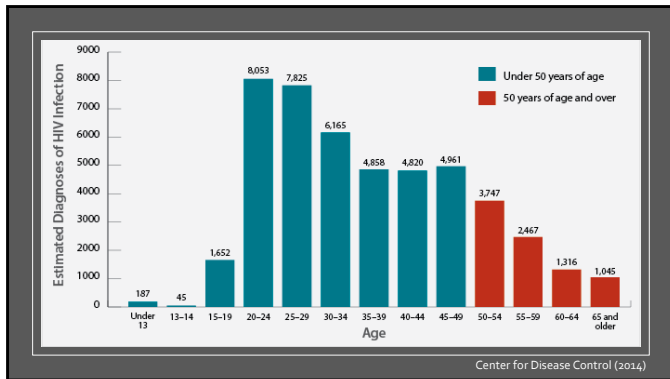
HIV is increasing in the older population

☒

TRUE

☐

FALSE

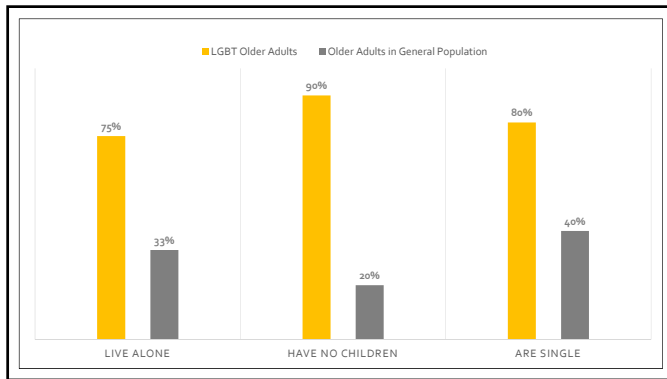


Most older LGBT people have partners or spouses they can rely on for help

☐ TRUE ☐ FALSE

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☐ TRUE ☒ FALSE



LONELINESS

Social Isolation: Review

Over 1 million older people say they are always or often feel lonely

People with a high degree of loneliness are twice as likely to develop Alzheimer's as people with a low degree of loneliness

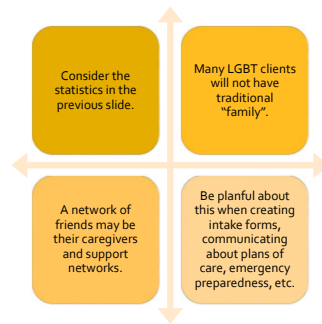
Nearly half (49%) of all people aged 75 and over live alone

Loneliness can be as harmful for our health as smoking 15 cigarettes a day

9% of older people feel trapped in their own home

Pop Quiz!

A Family of Friends





Trans History: Why Risk for Isolation is Significant



LGBT "HUMOR"

Transgender Humor



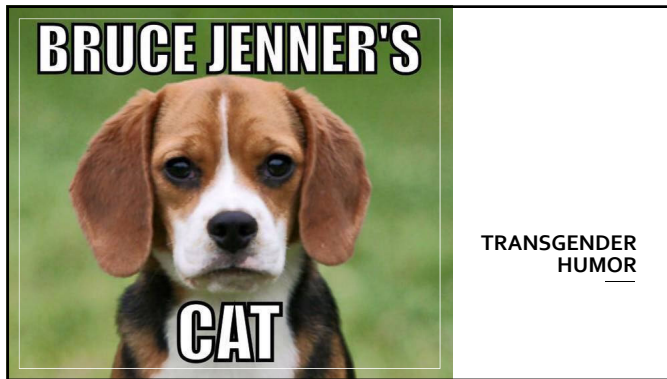
"You know Harry, sometimes I miss the old ways."



LGB HUMOR



TRANSGENDER HUMOR



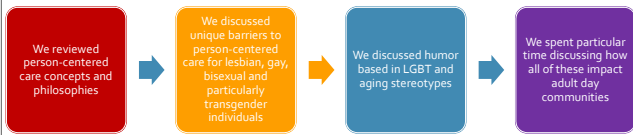
Do you laugh at jokes whose humor depends upon stereotypes in general?

How about jokes that stereotype gays, lesbians, bisexual or transgender people?

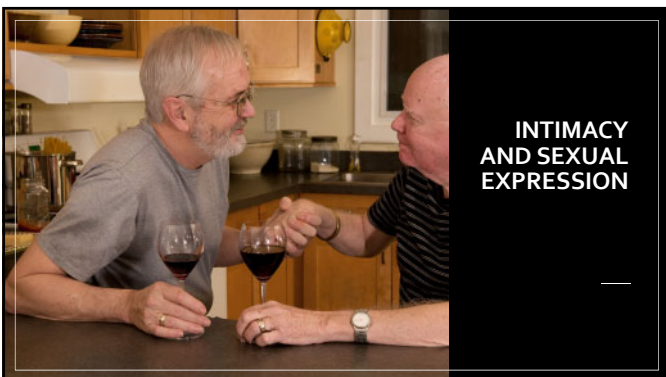
How does this attitude affect the service you or your agency provides to LGBT people?



Discussion



INTIMACY AND SEXUAL EXPRESSION





Sexual Expression...

- Ranges from hand holding to intercourse
- Is as simple as a way someone dresses
- Is an outlet for anxiety
- Minimizes loneliness

Sexuality and Intimacy is fundamental to an individual and intrinsic to a person's self and well being.

At any age we require:

- Companionship
- Intimacy
- Love

A basic human need

1

Intimacy: A close familiar and usually affectionate or loving personal relationship with another person or group."

2

Sexuality: Pertaining to copulation, having sex or involving sex, implying or symbolizing erotic desires, capable of sexual feelings."

Terms

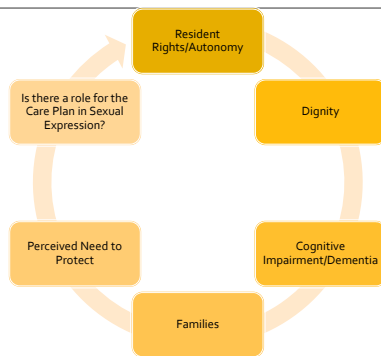
Acceptable expression in adult day?



Evidence suggests that we are accepting of light forms of expression such as:

- Holding Hands
- Stroking
- Kissing

What should we consider?



1

Elaine and Patricia are partners who lived together as a couple for several years.

2

Patricia, however, was diagnosed with MCI (mild cognitive impairment). Elaine managed to support Patricia at home for over a year, but when Elaine started having her own health problems, she felt she could no longer cope with the physical demands of Patricia's care.

3

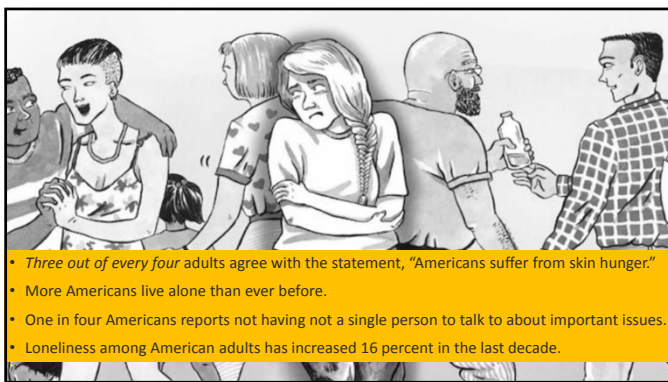
It was agreed by Patricia and Elaine that Patricia needed additional care and support. Patricia started attending a local day support program. From time to time, Elaine stops by to check in and visit during the day. They sit and hold hands. Often when Elaine leaves, she will give Patricia a kiss.

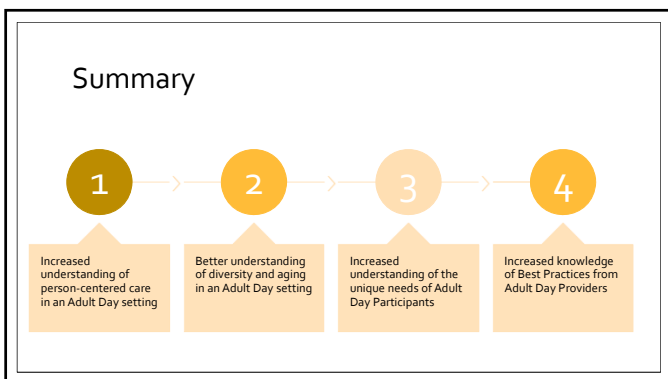
4

Recently, one of your colleagues expressed disgust and a religious objection to seeing Elaine and Patricia together.

What do you do?











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THANK YOU!

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