

Handout 2: Practice Observing Behaviors

Use the space and guiding questions below to describe what happens in the video. The goal is to be sure we use exact descriptors for behaviors. It isn't enough to say that Frank was "out of control." We need to use verbs, adjectives, and clear, detailed descriptions about what happened and when. This information will be critical in formulating effective care plan responses to BPSD. Consider this: your description may be used to help a doctor make a diagnosis or prescribe a medication, so be sure that you are paying close attention.

1. What are each of the individuals doing at the start of the video clip?	
2. Has Frank eaten his meal? How do you know?	
3. Does Frank do anything to make you worry about his health in the moment?	
4. Who knocks over the tray?	
5. What do you think Frank is feeling in the beginning of the video? In the middle? What about at the end of the video?	
6. The caregiver is clearly upset in the video. What other emotions do you think she might be feeling?	
7. What aggressive behaviors does the caregiver display?	