

# DSS Instructor Orientation

## August 2016

### PANEL:

**Jennifer Pryor**, VCU, *Training Coordinator, CEU contact*

**Annette Kelley**, VDSS, *Division of Licensing Programs*

**Dr. E. Ayn Welleford**, VCU, *Department of Gerontology Chair;  
Curriculum Development Contact*

*Guest Panelist:*

**Jennifer Inker**, VCU, *Instructor*



School of Allied  
Health Professions | Gerontology



VIRGINIA DEPARTMENT OF  
SOCIAL SERVICES

# **AGENDA - DSS Instructor Orientation**

## **August 2016**



- 1. Role Call! Welcome back!**
- 2. Spring/Summer 2016**
- 3. Fall 2016**
- 4. #DisruptAgeism**

- 
- Tara Beatty
  - Mary Beth Boyes
  - Enid Butler
  - Annette Clark
  - Tyler Corson
  - Kathy Dial
  - Ronda Greene
  - Lori Hasty
  - Carolyn Merriman
  - Brittany Schramm
  - Sally Sperberg
  - Jay White
  - Gail Ziemba

AGENDA

> WELCOME

SPRING/SUMMER 16

FALL 16

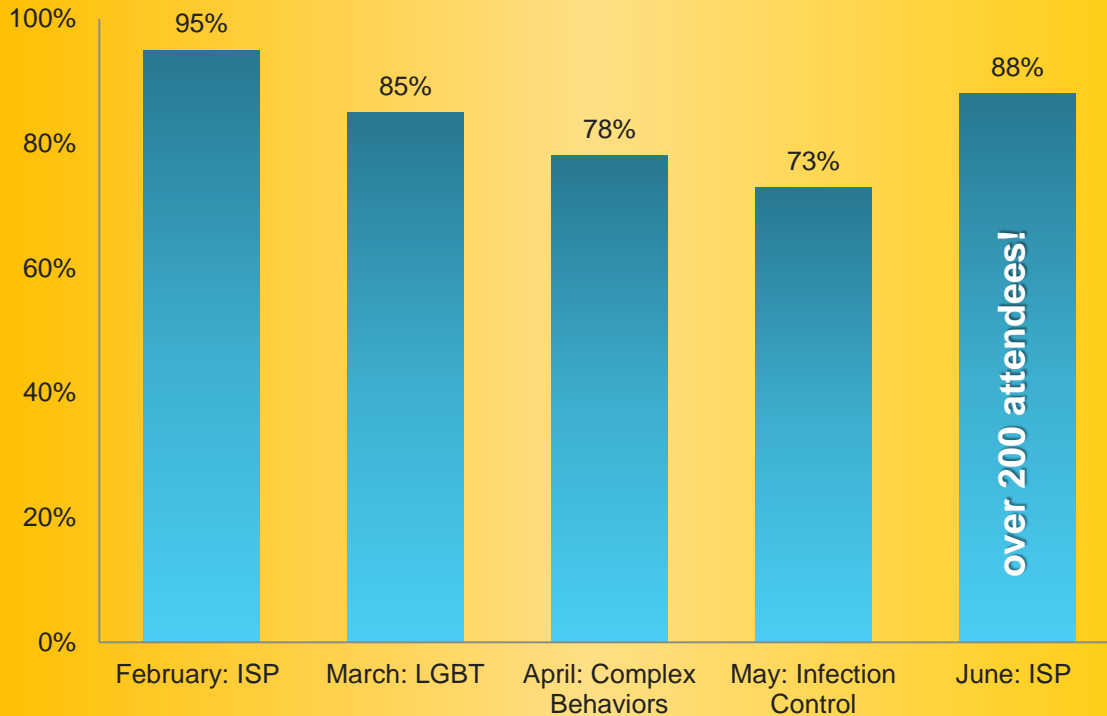
#DISRUPTAGEISM

ACTIVITY

# WELCOME!

RETURNING AND NEW INSTRUCTORS

## Attendance Overall



AGENDA

WELCOME

> SPRING/SUMMER 16

FALL 16

#DISRUPTAGEISM

ACTIVITY

# SPRING/SUMMER 2016

REVIEW AND DISCUSSION



## GOING AROUND THE TABLE:

1. Is there anything from the previous semesters that you would like to discuss?
2. Do you have any Questions, Concerns, or Feedback from your experiences last semester?

AGENDA

WELCOME

> SPRING/SUMMER 16

FALL 16

#DISRUPTAGEISM

ACTIVITY

# SPRING/SUMMER 2016

REVIEW AND DISCUSSION

# FALL 2016

## September

- ISP

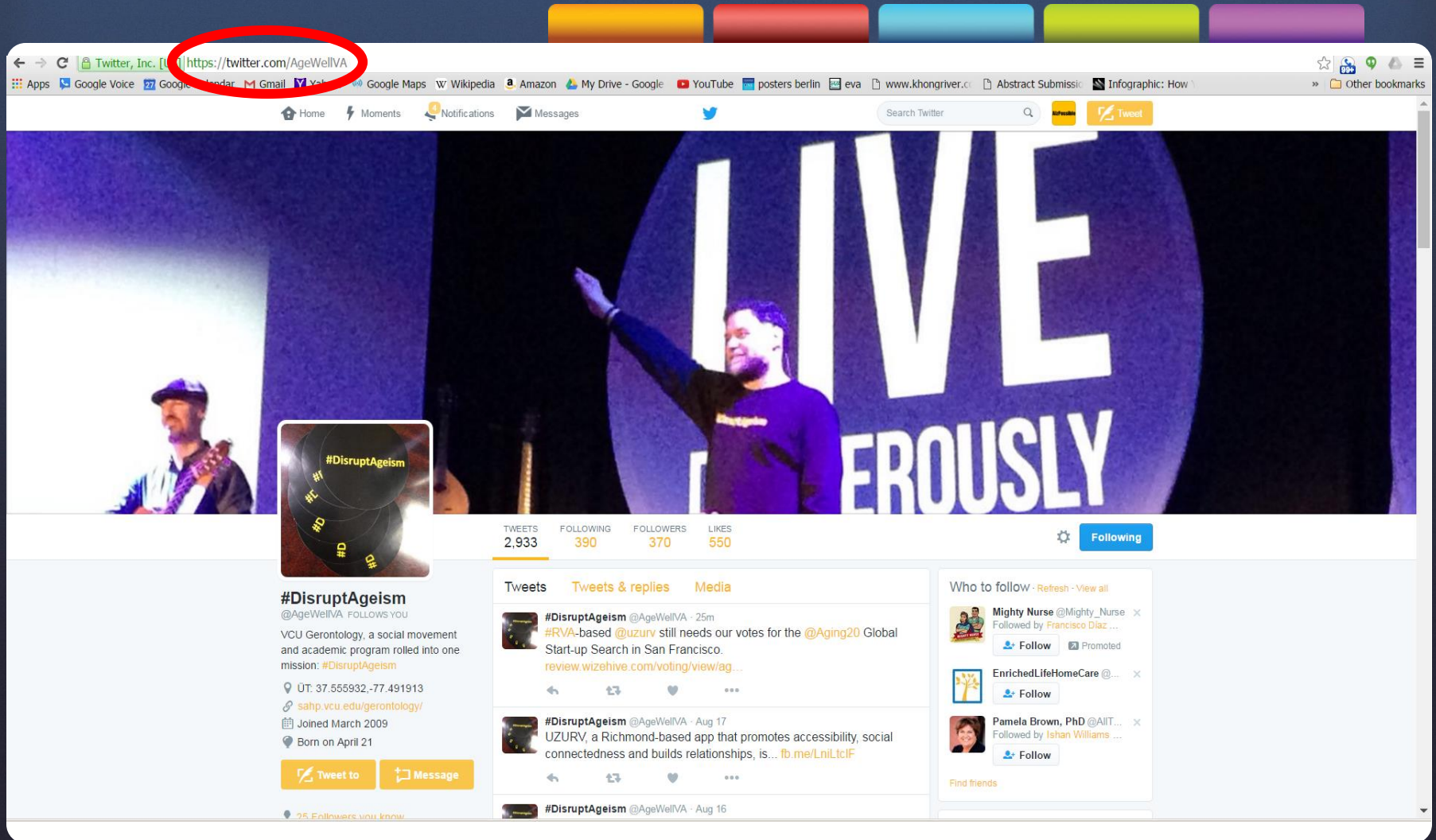
## October

- Person Centered Care:
  - Avoiding Ageism
  - Social Isolation
  - Bullying

## November

- Working with Families

# #DisruptAgeism



The screenshot shows a web browser displaying the Twitter profile of @AgeWellVA. The browser's address bar shows the URL <https://twitter.com/AgeWellVA>, which is circled in red. The browser's bookmark bar includes links to Google Voice, Google Scholar, Gmail, YouTube, Google Maps, Wikipedia, Amazon, My Drive - Google, posters berlin, eva, www.khongriver.com, Abstract Submission, Infographic: How, and Other bookmarks. The Twitter interface shows the profile header with a banner image of a man playing guitar and the text "LIVE PROUDLY". The profile name is #DisruptAgeism, and the handle is @AgeWellVA. The bio states: "VCU Gerontology, a social movement and academic program rolled into one mission: #DisruptAgeism". The location is UT: 37.555932, -77.491913, and the website is sahp.vcu.edu/gerontology/. The profile was joined in March 2009 and the user was born on April 21. The profile has 2,933 tweets, 390 following, 370 followers, and 550 likes. The profile is currently being followed. The tweets section shows two tweets from @AgeWellVA. The first tweet is from 25m ago and mentions @Aging20 and @uzurv. The second tweet is from Aug 17 and mentions @uzurv and a link to fb.me/LnLtclF. The who to follow section lists three accounts: Mighty Nurse @Mighty\_Nurse, EnrichedLifeHomeCare @..., and Pamela Brown, PhD @AIT....

Twitter, Inc. <https://twitter.com/AgeWellVA>

Home Moments Notifications Messages Search Twitter

**#DisruptAgeism**  
@AgeWellVA · FOLLOWING YOU

VCU Gerontology, a social movement and academic program rolled into one mission: #DisruptAgeism

UT: 37.555932, -77.491913  
[sahp.vcu.edu/gerontology/](http://sahp.vcu.edu/gerontology/)  
Joined March 2009  
Born on April 21

Tweet to Message

25 Followers you know

TWEETS 2,933 FOLLOWING 390 FOLLOWERS 370 LIKES 550

Tweets Tweets & replies Media

**#DisruptAgeism** @AgeWellVA · 25m  
#RVA-based @uzurv still needs our votes for the @Aging20 Global Start-up Search in San Francisco.  
[review.wizehive.com/voting/view/ag...](http://review.wizehive.com/voting/view/ag...)

**#DisruptAgeism** @AgeWellVA · Aug 17  
UZURV, a Richmond-based app that promotes accessibility, social connectedness and builds relationships, is... [fb.me/LnLtclF](https://fb.me/LnLtclF)

**#DisruptAgeism** @AgeWellVA · Aug 16

Who to follow · Refresh · View all


**Mighty Nurse** @Mighty\_Nurse  
Followed by Francisco Diaz...  
Follow Promoted

**EnrichedLifeHomeCare** @...  
Follow

**Pamela Brown, PhD** @AIT...  
Followed by Ishan Williams...  
Follow

Find friends



- 
- Our language is SO important!
  - Recognize and explore your own feelings and attitudes toward aging
  - Correct ageist myths
  - Gain awareness of your language (“little old lady”, “elderly”, “old or young”)

AGENDA

WELCOME

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FALL 16

> #DISRUPTAGEISM

ACTIVITY

# #DisruptAgeism



# #DisruptAgeism



## Language has MEANING


- She has free and young spirit
- He looks younger everyday
- 94 years old and still sharp as a tack
- Just had an intriguing convo with a new friend, who just happens to be 80 years young
- “I’m not old, I’m just more mature!”
- Advice on how to keep your practice running smoothly:  
*“Be good listeners but don’t let seniors talk for too long!”*

# Aging and “Othering”

- Who is aging?
- What does aging have to do with us?
- Who are “we”, and who is “*the other*”?

# Activity

1. How do you feel about your own Aging?
2. What are you looking forward to as you get older?
3. What are you not looking forward to as you get older?
4. What type of person might you be when you're older  
*(i.e., how might someone describe you when you're 80 years old)?*

- 
1. Do you have any questions/concerns/comments about the upcoming Fall semester?
  2. Is there anything you would like us to consider as we move forward into the new year?

AGENDA

WELCOME

SPRING/SUMMER 16

FALL 16

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> QUESTIONS

# FALL 2016

GOING AROUND THE TABLE



# Wrap-up Questions & Comments

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<http://www.sahp.vcu.edu/gerontology/>

Department of Social Services

<http://www.dss.virginia.gov/>



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