

# Handout 3: Does the use of some medications make our jobs easier?

This is an exercise to get us thinking about the issues of how and why we use medications in the course of our jobs. Work in a small group to discuss this question. The following guiding questions may get the conversation started, and you may have others to add.

<ul style="list-style-type: none"><li>• <b>We have so many tasks to accomplish and so many responsibilities; how can we balance these tasks without relying on medications?</b></li></ul>	
<ul style="list-style-type: none"><li>• <b>Is it easy to turn to medications first? If so, why?</b></li></ul>	
<ul style="list-style-type: none"><li>• <b>What are the alternatives to medication?</b></li></ul>	
<ul style="list-style-type: none"><li>• <b>Are there issues within the professional health care delivery system (i.e. how we provide medical care) that promote the use of medications?</b></li></ul>	
<ul style="list-style-type: none"><li>• <b>What influence, if any, do family members have on the use/nonuse of medications?</b></li></ul>	
<ul style="list-style-type: none"><li>• <b>How might we respond to family members if they demand that we give these medications to control their loved one's behaviors?</b></li></ul>	